NON-SURGICAL FAT REDUCTION

Looking for a simple way to remove difficult areas of unwanted fat without surgery? CoolSculpting® is an amazing fat-freezing procedure for the abdomen, thighs, arms, chin and even the dreaded muffin top. If you can squeeze it, we can freeze it!
SAYONARA STUBBORN FAT

CoolSculpting® is an FDA-approved treatment that freezes your fat cells, breaks them down, and lets your body naturally flush them away. It requires no surgery, anesthesia or needles. Along with the incredible results, CoolSculpting® leaves your skin, muscles and surrounding tissues completely healthy.

IMPRESSIVE COLD FACTS

1. After treatment, you can continue your normal daily routine.
2. Most patients require two treatments a month apart.
3. Start seeing your results in just three to four weeks.
4. Full results may take up to four to six months because it takes time for your body to metabolize the frozen fat naturally.
5. Results range from a 20%-25% fat reduction in the treatment area.
6. Maintaining a healthy lifestyle will keep your results long-lasting.

After coolsculpting®, my clothes that used to be too small fit now, and fit more smoothly, too—they contour to my body more naturally.”

- Stephanie, Allure Patient

NON-SURGICAL FAT REDUCTION
Many of us have stubborn fat despite diet and exercise.

CoolSculpting® technology uses controlled cooling to target and kill only these fat cells.

In the weeks to follow, your body naturally processes the fat and eliminates these dead cells.

CoolSculpting procedure results are long-term,¹ as treated fat cells are gone for good.

RELAXED & CHILLED

During your treatment, you can relax while your fat cells freeze away. When CoolSculpting® begins, you may feel some pulling as the suction technology draws the fat onto the cooling plate. After five to ten minutes, the treatment area becomes numb and the machine really starts working its magic.

COOLSCULPTING TREATS

ABDOMEN • MUFFIN TOP • LOVE HANDLES • BRA-FAT • ARMS • THIGHS • CHIN
NON-SURGICAL FAT REDUCTION

COOLSCULPTING IS FOR MEN TOO

If you are happy with your weight and fitness level, but still have stubborn fat in your abdomen, love handles, chest, and back, CoolSculpting® can treat those areas. CoolSculpting® offers a great, non-surgical option for eliminating fat when diet and exercise have failed.

“I came in for my CoolSculpt treatment with Allure and the staff was awesome! They were very professional and know how to take care of a patient. I would recommend Allure to anyone and feel confident they would be 100% satisfied!”

- Jason, Allure Patient
COMMONLY ASKED QUESTIONS

WHO IS A CANDIDATE FOR COOLSCULPTING?
The better answer might be who isn’t a candidate? If you are obese, gaining weight, or not in control of your weight, this is not the procedure for you. *A lifestyle change is needed. A good candidate is within 25 or so pounds of their ideal weight and has isolated bulges of fat.* The lower belly and flanks are perfect examples. Generally speaking, if you can squeeze the fat pocket, we can freeze it.

WHO WILL PERFORM MY TREATMENT?
Only our team of certified CoolSculpt® specialists do the treatments at Allure Medical Spa. Each member of the CoolSculpt team has been certified by CoolSculpt University to ensure that their training and expertise is the best it can be.

IS THERE SAME DAY SERVICE?
*Like most of Allure’s services, same day treatment is available!* If you are interested in same day treatment, please be sure to mention it when you call to schedule your free consultation.

IS THERE ANY DOWNTIME?
No, there is no downtime at all! Some patients may experience temporary redness, numbness, or bruising, but since there are no needles, no incisions, or anything put inside the body, *you can resume all normal activities immediately after treatment.*

WHAT IS THE AFTERCARE?
If you experience soreness or pain, *you can take Tylenol or Motrin as needed and wear compression garments.* Aspercream can be used to help alleviate numbness as the feeling comes back after treating. You can also apply heat or cold to the treated area as needed.

HOW LONG DOES IT LAST?
CoolSculpting® is the *only FDA-approved procedure for fat reduction.* Once the fat is treated, the dead cells are naturally processed. Fat is unlikely to migrate to another part of your body and even if you gain weight, the growth in the treated areas should be less than in an untreated area.
FAT DISSOLVING INJECTIONS

DO YOU HAVE SOME EXTRA FULLNESS BENEATH YOUR CHIN?

Maybe it’s something you’ve had your whole life, developed over the years, or you noticed recently. *This is called submental fullness, which some people refer to as “double chin.” This can be caused by a few different factors such as weight gain, genetics, or aging.* Kybella® is the preferred treatment for destroying fat underneath the chin.

WHAT IS KYBELLA®?

The active ingredient in KYBELLA® is deoxycholic acid, a naturally-occurring molecule in the body that aids in the breakdown and absorption of dietary fat.

When injected into the fat beneath your chin, KYBELLA® causes the destruction of fat cells. Once destroyed, those cells cannot store or accumulate fat.

FAT DISSOLVING INJECTIONS TO THE BODY

In addition to Kybella®, we also offer fat dissolving injections in areas that are difficult to target with dieting, exercise and other fat reduction treatments.

WHAT ARE THE BENEFITS?

1. Fat is permanently destroyed by the fat dissolving injections.
2. Injections contain a synthetic version of substances already in our bodies that naturally damage fat cell membranes.
3. It can be used almost anywhere! *Common areas include the abdomen, love handles, thigh, and the back.*
COMMONLY ASKED QUESTIONS

DO FAT DISSOLVING INJECTIONS HURT?
There is very little discomfort. Ice is applied prior to the injections or numbing cream is available if you choose.

IS IT SAFE?
Each treatment stimulates your body’s fat-burning power, making it a safe, effective way to reduce excess chin, abdomen, waistline, side, saddlebag or hip fat.

HOW MUCH CHANGE WILL I SEE?
Many factors contribute to this. Since everyone’s body is different, the number of treatments varies from patient to patient. During your consultation, one of our providers will determine how many treatments you will need based on personal goals and amount of fat in that area.

IS THERE ANY DOWNTIME?
After your treatment, there could be some swelling, numbness, redness or bruising at the injection site. We normally recommend that patients give themselves a day for the swelling to go down. You may take over-the-counter ibuprofen (Motrin, Advil) to help with any soreness and discomfort. You can also use an ice pack for the swelling on the first day to manage the discomfort as well.

WHAT HAPPENS TO THE FAT CELLS?
The medication is injected which causes the fat cells to become damaged. Once destroyed, the cells can no longer accumulate fat. Even if you gain weight, it will still be smaller than it would have had otherwise.

HOW DO I KNOW IF I’M A CANDIDATE?
Here at Allure Medical, we offer free consultations, so we always advise our patients to come talk with an expert about their best option for a fat reduction treatment. We also offer same day treatment so that we can get you looking and feeling your very best, as soon as possible.
Convenient Locations Across **Metro Detroit**.

To find the location closest to you, open your phone’s camera and point it at the QR code below to scan it. Or go to allu.md/locations

Call or text **586-992-8300** to schedule your free consultation. You can also use our online scheduler at alluremedical.com